## **MiniMOST Certification Program – Online**

### **Training Course**

#### **Course Summary:**

This certification program is broken into several short courses designed to provide you with a broad perspective of work measurement and teach you how to apply the MiniMOST work measurement system to measure work for short-cycle, highly repetitive, identical motion pattern activities.

#### **Course Objectives:**

- Calculate the time that a task or set of tasks should take to be performed.
- Apply predetermined time values to activities from memory or from a data card according to the rules of MiniMOST.
- Observe operator activities and write accurate method descriptions considering different motion combinations.
- Analyze work on the basis of moving objects using the MiniMOST system.
- Identify activities using the two sequence models for manual work: General Move and Controlled Move.
- Measure the distance of the hand, fingers, foot, leg, body motions, object movement and hand rotation to establish the correct index values.

#### **Who Should Attend:**

Anyone interested in learning an efficient and widely accepted work measurement system.

#### **Key Course Content:**

- Understand the foundation of work measurement.
  - Define why measuring work is important to an organization.
  - Identify the traditional work measurement techniques of time study and predetermined motion time systems.
- Document work for two-handed activities.

• Apply the sequence models in practice exercises and video examples.

MiniMOST: Introduction to General Move



# Learn the Two Basic Sequence Models of MiniMOST

- General Move for the movement of an object freely through the air.
- Controlled Move for the movement of an object while it remains in contact with a surface or is attached to another object during movement.

# Benefits to Your Organization When You Take This Course:

- Enables you to analyze any type of manual work with one of the most efficient and widely used work measurement techniques.
- Reduces the time needed to analyze work as MOST can be applied ten times faster than the conventional predetermined motion time systems for short-cycle work.
- Provides you with a tool that is 'method sensitive' where the outcome of the analysis provides cues as to where there are opportunities for saving time, money and energy.
- Eliminates the subjectivity involved in performance rating an activity since the MiniMOST system is based on a 100% or average pace.
- Meets the needs of many industries and is well accepted by employees, unions and management.

#### **Course Details:**

Length: 21 courses totaling 18 hours of training Format: Online - 1 year subscription Fee: \$2,000.00 USD



#### **Registration:**

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## **Syllabus**

## **MiniMOST Certification Program – Online**

### **Benefits**

The online MiniMOST Certification Program has been strategically designed to accommodate the many components and details that make up the MiniMOST Work Measurement System.

#### Benefits:

- Structured 'Check Your Understanding' quizzes with immediate feedback to reinforce the concepts presented.
- More than 20 videos used in different capacities throughout the program.
- Detailed sequence model application courses designed to follow the phases used in a sequence model to enable you to analyze different activities with MINIMOST.
- Two video courses that walk you through the complete MiniMOST analysis process for an activity.
- One year program subscription allows you to re-take courses as necessary to refresh your knowledge of key concepts.
- Phone and email support for MiniMOST content related questions or for technical assistance.







Course Name*	Course Name*
General Move Courses	Controlled Move Courses
Introduction to General Move	Introduction to Controlled Move
Action Distance (A) Parameter Application Rules	Move Controlled (M) Parameter Application Rules
Body Motion (B) Parameter Application Rules	Process Time (X) Parameter Application Rules
Gain Control (G) Parameter Application Rules	Alignment (I) Parameter Application Rules
Placement (P) Parameter Application Rules	Controlled Move Sequence Model Application
General Move Sequence Model Application	Controlled Move Video Analysis
Frequencies and Motion Combinations	Controlled Move Review
General Move Video Analysis	
General Move Review	
Additional MiniMOST Related Courses	
Introduction to Standards	
Introduction to MOST	
MOST Theory	
MiniMOST Review	
MiniMOST Certification Exam	

\*Course length varies from 15 minutes to one hour.

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